



## Palatine Township Senior Citizens Council

Recreation • Connections • Social Services

Serving the 50+ community for over 50 years

505 S Quentin Rd, Palatine, IL 60067  
847-991-1112

# The Happenings

**NEW look, SAME great information!**

A quarterly publication to keep you informed about what's happening at the Palatine Township Senior Center.

**April - June 2024**

**Serving 50+ Active Adults for over 50 YEARS!**



Diane Lancour  
Executive  
Director

## ***"Direct" by from Diane...***

Every May, the Administration for Community Living leads the nation's observance of Older Americans Month (OAM). The 2024 theme is **"Powered by Connections"**: Understanding the impact that meaningful relationships and social connections have on our health and well-being, and exploring the vital role that connectedness plays in supporting independence. This year's theme is a reflection of our Mission at PTSCC ... *to provide programs and services which support older adults and their families by encouraging independence, well-being and connection to the community.*

The activities and services offered at PTSCC assist adults in staying healthy, finding savings through benefits and acquiring knowledge on critical life choices. All of these things support the individual staying independent and able to share their time & stories with family & friends. We hope you will join us this year and celebrate your independence and break the stereotype barrier. You are a valuable person in the community, continue to be involved, and stay young at heart.

## ***Front Page News....***

**You are cordially invited to the Annual Meeting of the  
Palatine Township Senior Citizens Council**

**Tuesday, April 23, 2024 Noon-1:30pm, at PTSCC.**

Here's your opportunity to meet the members of the Board of Directors, ask questions about future plans and programs, review the Annual Report, plus have a say in the governance of PTSCC.

**12:00 Meeting**

**12:30 Entertainment (Jeff Dewbray) is FREE.**

Options, if you would like to order lunch (2 tacos choice of Chicken or Steak / chips & beverage) Cost is \$6 Member & \$10 NM. Questions? Email Diane Lancour at [dlancour@ptsc.org](mailto:dlancour@ptsc.org) or call 847.991.1112 x235.

**Please call the Main office to register 847.991.1112.**

## ***What's Inside?***

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## **Business hours:**

Monday—Friday

8:30am—5:00pm

**ENTER AT THE BACK DOOR #2.**

**PLEASE RING THE  
DOORBELL IF THE  
DOOR IS LOCKED  
AND SOMEONE WILL  
ASSIST YOU.**



***Our Mission...*** To provide programs and services which support older adults and their families by encouraging independence, well-being and connection to the community.

Palatine Township Senior Citizens Council does not discriminate in admission to programs or activities in compliance with the Illinois Human Rights Act, the U.S. Civil Rights Act, Section 504 of the Rehabilitation Act, the Age Discrimination Act, the Age Discrimination in Employment Act, and the U.S. and Illinois Constitutions. Grievance procedures are available through the Executive Director for any individual who believes he or she has been discriminated against in programs and services.

If you feel that you have been discriminated against, you have the right to file a complaint. For information, contact Diane Lancour at 847.991.1112.



## WEEKLY ACTIVITIES

**Participation Criteria for Center Activities:** Those participating in Senior Center programs must be able to address their own personal needs. Those with special needs are welcome to participate, but must be accompanied by someone qualified to assist them.

### Monday

8:20am - 9:30am PTSCC Hiking/Walking Club, Deer Grove West, *see below for details*  
 10:00am - 10:45am **Chair Yoga:** \$3 Mem, \$5 Non-mem *Combination of movement & breathing*  
 12:00pm - 3:00pm **Mah Jongg:** Card cost: \$0 Mem, \$2 Non-mem

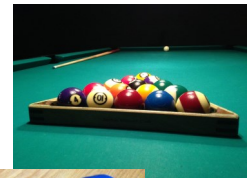
### Tuesday

10:00am-12:30pm **Bridge**, Card cost: \$0 Mem, \$1 Non-Mem  
 10:30am-12:30pm **Social Poker:** \$0 Mem, \$1 Non-Mem



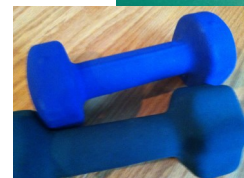
### Wednesday

8:30am-10:30am **T.O.P.S.** Includes weigh-in and meeting *Contact Nancy T. for info 847-525-6410*  
 11:00am - 3:00pm **Pinochle:** \$0 Mem, \$2 Non-mem  
 9:30am - 11:30am **Latino Social Group:** \$0 Mem, \$1 Non-mem  
 12:00pm - 3:00pm **Mah Jongg:** \$0 Mem, \$2 Non-Mem



### Thursday

10:00am -12:00pm **Technology Lab:** \$5  
 10:00am -10:45am **Chair Yoga:** \$3 Mem, \$5 Non-mem  
 9:30am -11:30am **Ceramics:** \$5 Mem, \$7 Non-mem  
 12:00pm - 2:00pm **Bingo:** \$1 a card for Mem, \$1 a card for Non-mem + \$1 flat fee  
 2:30pm - 3:30pm **Tai Chi:** \$5 Mem, \$7 Non-mem *Increases flexibility, breathing & balance.*



### Everyday

**Billiards Room & Fitness Room available daily from 9:00am—3:00pm. Call for availability.**

**Interested in joining the PTSCC Hiking/walking Club? Contact Diane at [dlancour@ptsc.org](mailto:dlancour@ptsc.org)**

Hikes are offered weekly on Monday morning at Deer Grove West. Entrance is on Quentin Rd, north of Dundee Rd, across from Camp Reinberg. Park at Grove 4.

They meet at 8:20 and start the walk at 8:30. Kris coordinates those weekly hikes.

Virginia also offers a variety of hikes each week on different days for people to attend.

### **Do you need transportation to and from the center?**

Contact the Palatine Township 847-358-6907, \$2 a ride, Monday - Friday 8:00am - 4:00pm

Disabled or senior (60+) / Call 2-14 days in advance

Palatine Township or destinations up to 15 miles outside of township & scheduled trips to various shopping centers.



## BI-MONTHLY ACTIVITIES

### Paper Crafts and Scrapbooking Open Sessions: \$0 Mem, \$3 Non-mem

2nd & 4th Tuesdays of each month 10:00am—1:30am, Art Room, lower level

*This is a great time to work on your own to create a variety of paper creations: cards, invitations, decorations, or scrapbook pages.*

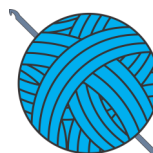
*Supplies will be provided. Need an idea? Come by and browse what is available.*



### Crochet Club

2nd and 4th Wednesday of each month 1:00pm

Learn the art of Crocheting and meet new friends!



### Casual Coffee & Conversation Bereavement Group

Last Monday of each month. 11:00am -12:00pm

Call for details & to reserve a spot. 847-991-1112



## MONTHLY ACTIVITIES

### Mexican Canasta

1st Wednesday of each month, No charge 1:00pm

Please call to register, join the group, and learn the game.



### Bunco

2nd Tuesday of each month, 1:00pm

Bunco is a fun and easy game to learn and play—join us!

Email Diane if you are interested: dlancour@ptscc.org



### Book Club

3rd Wednesday of each month, 10:00am

The group discusses the current book & picks the next book as a group.

Call for the current book. 847-991-1112



## SPECIAL ACTIVITIES

### Mah Jongg Lessons

4 lessons: April 15, 22, 29 and May 6 1:00pm—3:00pm Maximum of 8 people

Preregister in the office by April 7, \$55 for the (4) lessons plus \$15 for a card

Randy Thrasher is offering lessons to learn the game of MahJongg. Plan to attend all 4 lessons.



### Rock Painting

Wednesday, May 22, 2024 1:00pm—2:00pm, \$5, Pre-register by May 20

Join Nancy F. and Kate J. for rock painting. Your design can be a mandala or any cute and fun design. Ideas will be available! No art experience needed.



### Drum Circle

Tuesday, June 11, 2024 3:00pm—4:00pm

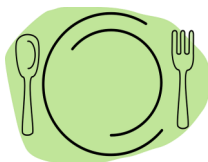
Join entire group as Nancy Frenk leads the percussion instruments in a drum circle.

No musical experience needed. Donations appreciated.





## TRAVELING LUNCH



This is an excellent opportunity to try a new restaurant with friends! Approximately 20 friends meet the **2nd Friday of each month at 11:30am**. Any members are always welcome! **RSVP to PTSCC at 847-991-1112** by the prior Wednesday so we can include you in the count. We'll make the reservation, payment is on your own.

### Friday, April 12 - Brunch Cafe

20393 N Rand Rd, Kildeer 847-847-7120

### Friday, May 10 - Heng Wing

121 Palatine Rd, Palatine 847-358-3061

### Friday, June 14 - Lucky Monk

105 Hollywood Blvd., Barrington 847-898-0500

### Friday, July 12 - Maggianos

1901 E Golf Rd., Schaumburg 847-995-0107

### Friday, August 9 - La Hacienda

21520 W Field Pkwy, Deer Park 847-550-9413

JOIN US!

## THEMED LUNCHEONS

### Mark Your Calendars!

Come join us for a themed luncheon each month to celebrate and enjoy each other's company. Call to register at least 4 days prior to the lunch or as indicated. Pre-registration needed. Members (\$10) and Non-members (\$12) welcome. 10:30am - 12:00pm See you there!



### St. Patrick's Day! Thursday, March 14th

Nothing but a real Irish meal of Corned Beef and Green River! We'll also be "lucky" to learn about the very important topic of Wills and Trusts from Corporate Member, Lavelle Law.



### ANNUAL MEETING Tuesday, April 23rd 12:00 NOON

Please join us as we vote on the new Board, talk about ideas, and enjoy entertainment by Jeff Dewbray, and have a delicious meal! Details are on the front page!

**Please remember to call to register!**



### May is Older Americans Month—Let's Celebrate!!

Monday, May 13th

Join us as we celebrate YOU through story-telling. Watch for the flier for more details!

Also a talk about Senior Fraud Prevention from BMO.



POWERED BY CONNECTION: MAY 2024



### Aloha, it's the first day of Summer!! Thursday, June 20th

Leis, Hawaiian music, Teriyaki Pork, Pineapple, Taro Chips, and a sweet treat out on the rooftop deck!



**4th of July!** Monday, July 8th Details to come!





## 2024 MEMBERSHIPS



**Full year membership will start March 2024!**

**Current members should have received their renewal letter Mid-January.  
Membership: March 2024 - February 2025 (same as PTSCC fiscal year)  
\$55 singles, \$85 couples**

**Your PTSCC membership gives you:**

*Discounts on trips and activities / First chance at registration /  
Exclusive use of the billiards and fitness rooms.*

**Non-members are welcome to participate in trips, events & activities at an extra fee.**

Those who participate in the programs must be able to address their own personal needs.  
Those with special needs are welcome to participate but must be accompanied by someone

*"New perk for PTSCC And Rolling Meadows Senior Center members: When you join one of the two senior centers, you can take your receipt to the other center and receive a \$5 discount on the other center's membership. For the PTSCC memberships which will start March 1, 2024, only the full year memberships will offer the \$5 discount. For Rolling Meadows Senior Center membership that would start May 1, 2024. We are thankful to partnership with Rolling Meadows and to encourage participation at both Centers."*

## THANK YOU ROTARY OF PALATINE

Thank you to the Rotary of Palatine for the \$2500 grant! They are a terrific organization who consistently gives back to this community on a regular basis. We are fortunate to have them as a supporting organization!



Club of Palatine

## 2024 PTSCC Co-Ed GOLF LEAGUE



If you would like to join the golf league, please email Diane at [dlancour@ptsc.org](mailto:dlancour@ptsc.org) for the 2024 registration form.  
We look forward to having you join us! Thank you, Diane

## YEARLONG RAFFLE WINNERS

### December 2023

\$100 J.R. Fujise  
\$50 Mrs. Vivian Gruber  
\$25 Connie McKeogh

### January 2024

\$100 Ellen Rose  
\$50 Andrew Nigliaccio  
\$25 Maureen Greene

### February 2024

\$100 Paula St. John  
\$50 Nancy Kane  
\$25 Annette Szafran

*Congratulations!*



## WELLNESS



### **Blood Pressure Reading, 11:30am-12:30pm**

 Endeavor Health.

Visit Rose, a nurse from Endeavor Health (Northwest Community Healthcare) to get your blood pressure taken and "Ask the Nurse" any health questions.  
***Mondays: April 8, May 6, June 3, July 1***



### **Dr. Dan Parise**

Our new podiatrist, Dr. Dan Parise, will be here at the Center once a month. New patient registration forms and proof of insurance are required before scheduling an appointment.

***Tuesdays: April 2, May 7, July 11, July 9***

## LIFELONG LEARNING

### **AARP Driving Class (2 days) 9:00am-1:00pm each day**

Each class size is limited to the first 18 students who register

Dates: Monday, April 15 & 16 and May 20 & 21

Check our website or call for updates.

Price: \$20 AARP members / \$25 Non-members\*

*\*If you have an AARP United Health Care Supplement Plan, please bring your insurance card with you on Monday, and there will be no charge for class. The insurance card and person taking the class must be the same.*



### **Rules of the Road**

Each class size is limited to the first 18 students who register, please register ASAP

Dates: Call ahead for dates and times

Price: Free

## HOME DELIVERED MEALS PROGRAM



Are you having a hard time getting out?

Would having a nutritious meal delivered to you daily be helpful?

Please call Guiselle at x 227 to get more details and see if you might qualify for our Home Delivered Meals program.

This program is supported by the Administration for Community Living (ACL), U.S. Department of Health and Human Services (HHS) as part of a financial assistance award with 100% funding by ACL/HHS. The contents are those of the author(s) and do not necessarily represent the official views of, nor an endorsement, by the ACL/HHS or the U.S. Government.

### **Home Delivered Meals DRIVERS:**

Mary Tarbit was very active with the Home Delivered Meals program for many years. She helped in the café and delivered meals until she was about 92 years old.

In the Fall, Mary would host a special Thank You Lunch for the PTSCC HDM drivers.

In her memory, her daughter, Ginny, will be "paying it forward" by donating funds to PTSCC to continue the annual tradition. *If you are a driver, we will be in touch regarding this special lunch.*





## VOLUNTEER RECOGNITION



### ***Thank you to our volunteers!!***

The 2024 Volunteer Recognition will be held at PTSCC on Tuesday, May 21st 9-10:30am.

Join us for a light breakfast and fun raffle drawings. If you have volunteered since January 2023, watch your mailbox for an invitation with all the details.

We have nearly 100 volunteers who work with providing Home Delivered Meals, AARP Tax counselors, program assistants, and much more. PTSCC volunteers make a difference by providing services to people in the community & PTSCC participants.

***Thank you!!***

## CONGRATS PTSCC!

Congrats to PTSCC for being *nominated* for the Palatine Chamber of Commerce's Non-Profit Community Organization of the Year Award! We are proud of the programs & services we provide!

And the winner was.... Family Forward, another amazing organization that does great work in our area!



## CHARITABLE GIFTS

We truly appreciate your monetary support here at PTSCC. Your membership and additional contributions allow us to continue offering several of our free daily activities: Book Club, Care Givers Support Group, Bereavement Coffee and conversation. These activities encourage fellowship and support.

As any facility PTSCC has a daily cost just to keep the doors open (utilities, bldg. maintenance, insurance, etc) These cost alone are \$190 a day for 365 days in a year. And what would be a building without the staff, though we are a small team, I believe we are "mighty". The Social Service staff provides services at no charge and are able to assist nearly 2400 people a year. If we add in the entire PTSCC staff, we now add \$1655 a day, again 365 days a year. So as you can see we truly rely on your generous support and contributions.

We want to be here to assist you with your times of fun & fellowship, to be the place that is here for you throughout the year with new adventures.

You can also donate to the Endowment Fund. This contribution will help build the endowment base to secure investments for the future of PTSCC. We appreciate your support and look forward to the future. For questions on how to financially contribute you can contact Diane Lancour at 847.991.1112 x235 or [dlancour@ptsc.org](mailto:dlancour@ptsc.org). Thank you for your consideration and support. You help us make a difference in the lives of so many adults - thank you.



## OVERNIGHT & DAY TRIP INFORMATION

As we move through 2024, we will continue creating new and exciting trips for you to enjoy.

Our goal is to continue to keep everyone safe, so please see the guidelines for each trip.

We ask that you sign an emergency waiver & provide contact information.

- Please check in at Door #2 when attending a trip leaving from PTSCC.
- We frequently co-op with the Dundee Senior Center on programs. In order to better manage our trips, if you register at PTSCC and want to take the bus from Dundee, you must also be a member there & vice versa. This arrangement will help us provide the best possible service. Thank you for your cooperation and understanding.
- **Cancellation Policy:** Once we have made initial and final payments for any trip (transportation, tickets, meals), we cannot refund your money. Any cancellation could be subject to a \$25 Administration Fee. We apologize for any inconvenience.
- **Basic Trip & Center Guidelines:** There is a set of guidelines outlining the Code of Conduct for each Center Activity & Trip. These guidelines are also posted on many Center bulletin boards and are part of the PTSCC Membership Booklet. The Code of Conduct was established so everyone can enjoy the activities. Thank you for participating and being respectful of yourself, others in the group, and the space around you.
- **Participation Criteria (Center Activities and Trips):** Those participating in Senior Center programs must be able to address their own personal needs. Those with special needs are welcome to participate, but must be accompanied by someone qualified to assist them.

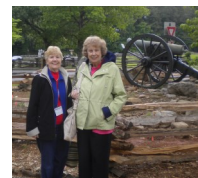
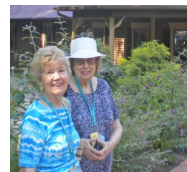
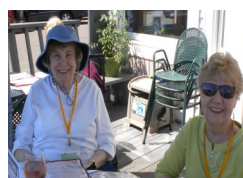
**PLEASE NOTE: PTSCC has been offering overnight trips for over 18 years. We welcome people to participate in the trip program with the understanding that these overnight trips are designed for a group. As an individual your responsibility is to come prepared & healthy. There is an emergency procedure waiver for each participant to sign and acknowledge their own responsibility on the trip & if you become ill or have an incident you will have the tools to care for yourself, as the trip with the group continues. If you have any questions or concerns please call Diane at 847.991.1112 x235**

## TRIP REGISTRATION

- **MEMBERS** may register in person starting 9:00am Monday, MARCH 18, 2024 or by phone at 12:00pm the same day for Trips listed in this Happenings edition, April-June 2024.
- Pay by credit card, cash, or check at the time of registration.
- **NON-MEMBERS** may register by phone or in person for trips starting Thursday, March 21, 2024 following member registration.

*Thank you for the continued donation in memory of Lilian Haass by her daughter Janet.*

Over the past couple years PTSCC has been able to offer overnight trips at a reasonable fee because of a scholarship provided in memory of Lilian Haass. We are thankful for the thoughtful donation by her daughter and to be able to pass on the discount to our overnight trip participants. There are several pictures of the many adventures Lilian enjoyed when she traveled with PTSCC.







## DAY TRIPS



### *A note from Barb.....*

I have been busy creating some awesome overnight trips, and some really interesting day trips. We hope you will join us in 2024 for one of these trips. See you soon!



#### **Tall Ship Windy, Navy Pier**

**Date: Tues. May 15, 2024**

**Deadline: Friday April 26, 2024**

**Cost: \$98 M / \$106 NM**

**10 am – 6 pm**

**Moderate Walking**

Join us for a day of sightseeing at Navy Pier, Chicago. You will have time to walk the pier, enjoy lunch on your own and discover some of the unique sights at Navy Pier. We will meet at the dock for the Tallship about 2:30/3pm for a fantastic 90 minute cruise on Lake Michigan. After the cruise we will depart for home. Fee includes motorcoach transportation and Tallship Cruise.



#### **Piano man – Tribute to Elton John & Billy Joel, White Pines**

**Date: Thurs. July 11, 2024**

**Deadline: Friday June 21, 2024**

**Cost: \$114 M / \$122 NM**

**9:30am – 5:30pm**

**Light Walking**

Enjoy a delicious home-cooked buffet lunch in the historic log cabin inspired White Pines Dinner Theatre, built by the Civilian Conservation Corp. It's located inside the beautiful White Pines State Park. After your meal, sit back and enjoy the show! Brian Harris will transport you to the magic of Elton John and Billy Joel, playing music spanning the icon's entire careers. With spot-on vocals, wild costumes, endless energy and piano playing that will leave you speechless! Fee includes motorcoach transportation, lunch and performance.



#### **Little Bit Country, Little Bit Rock n' Roll, White Pines**

**Date: Wed. July 24, 2024**

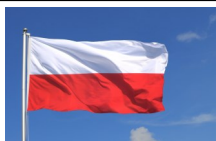
**Deadline: Friday July 5, 2024**

**Cost: \$108 M / \$116 NM**

**9:30am – 5:30pm**

**Light Walking**

Enjoy a delicious home-cooked buffet lunch in the historic log cabin inspired White Pines Dinner Theatre, built by the Civilian Conservation Corp. It's located inside the beautiful White Pines State Park. After your meal, sit back and enjoy the show! Helen Russell & Company, voted "Best Small Band Variety Show" four years in a row will entertain you with great vocals, scalding piano, hot licks on the banjo and a jumpin' bass guitar with a variety



#### **Polish Heritage Neighborhood Tour, Chicago, IL**

**Date: Thurs., May 30, 2024**

**Deadline: Friday May 3, 2024**

**Cost: \$110 M / \$118 NM**

**9am – 3:30pm**

**Moderate Walking**

We will begin our day visiting the Polish Museum of America, followed by lunch at a Polish restaurant. Our day ends at a Polish Church.

*New Perspective*

#### **FREE Trip! New Perspective Senior Living of Long Grove**

Enjoy a delicious lunch and a tour of this new community. Their bus will pick up the group about 11:30am. The \$5 is to hold your spot and will be returned when you attend the trip.



## DAY TRIPS



### East Troy Train – WI

**Date: Thurs. May 23, 2024**

**Deadline: Friday April 19, 2024**

**Cost: \$115 M / \$123 NM**

**9am – 4pm**

**Moderate Walking**

Join us a trip to the East Troy Railway Museum for a train ride through the beautiful buds in Spring. This train ride will include lunch on the train with a stop at the end of the line. We will be stopping at the Elegant Farmer, an upscale shopping experience, which has a deli, bakery, and unique farm products.



PARAMOUNT  
THEATRE

### Beautiful\* - Paramount Theatre – Aurora, IL

**Date: Wed. June 5, 2024**

**Deadline: Friday May 10, 2024**

**Cost: \$95 M / \$103 NM**

**9:45am – 5:30pm**

**Light Walking**

Before she was the Carole King we know today, she was a young songwriter from Brooklyn trying to make a name for herself. Beautiful: The Carole King Musical tells the inspiring true story of King's remarkable rise to stardom as part of the hit songwriting team with her husband Gerry Goffin and going on to become one of the most successful singer, songwriter and musicians in popular music history. Her credits include songs such as "You've Got a Friend," "(You Make Me Feel Like) A Natural Woman," "It's Too Late," "I Feel the Earth Move," "Will You Love Me Tomorrow," "So Far Away," and many more. Along the way, she made more than beautiful music, she wrote THE SOUNDTRACK TO A GENERATION. Lunch will be at Fireside Grille in Sugar Grove. Lunch choices include Coconut Shrimp, Mediterranean Pasta, 10-ounce Char-Grilled Pork Chop or 1/4 Rack BBQ Baby Back Ribs. Show running time is approximately 2 hours 30 minutes.



### Bison Ranch Tour and Lunch\* - Portage, IN

**Date: Mon. June 24, 2024**

**Deadline: Friday June 7, 2024**

**Cost: \$75 M / \$83 NM**

**7am – 7:30pm**

**Moderate Walking**

We will start our day with a tour of the bison ranch where you will get a true sense of the awesome size, strength, and power of these remarkable animals as you watch the one-ton herd lumber by, and if the herd should break into a run, they can hit speeds of 35 to 50 mph and literally make the ground shake! Lunch will follow at the Industrial Revolution Eatery & Grille. Lunch choices include loaded pot roast sandwich, IR's original grilled chicken sandwich or John Browning's "loaded" BBQ pork sandwich. Your side choices include sweet potato fries, garlic potato wedges or regular potato wedges. All choices will be made at time of registration.



### Odyssey Chicago River Lunch Cruise\* - Chicago, IL

**Date: Mon. July 15, 2024**

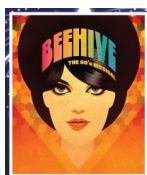
**Deadline: Friday June 21, 2024**

**Cost: \$110 M / \$118 NM**

**10:45am – 4pm**

**Moderate Walking**

A two-hour architecture lunch cruise along the Chicago River is the perfect way to enjoy the company of great friends. Enjoy an included three-course plated lunch with unlimited coffee, hot tea, and iced tea.



### Beehive: The 60's Musical\* - Marriott Theatre – Lincolnshire, IL

**Date: Wed. Aug. 7, 2024**

**Deadline: Friday July 12, 2024**

**Cost: \$110 M / \$118 NM**

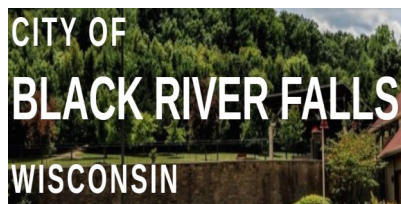
**10:15am – 5pm**

**Light Walking**

BEEHIVE: The 60's Musical celebrates the powerful female voices of the 1960's with such timeless hits as "My Boyfriend's Back," "Be My Baby," "Son of a Preacher Man," and "Me and Bobby McGee." Told from the perspective of six young women who come of age in this enigmatic decade, BEEHIVE takes us from their first Beehive Dance to the challenges we faced as a nation. Lunch at Dover Straits includes your choice of New York Strip Steak, Atlantic Salmon Filet, Breast of Chicken Marsala or Jumbo French Fried Shrimp.



## 2024 OVERNIGHT TRIPS



### Black River Falls Casino & More:

**Date: Sun., Sept. 8 – Tues., Sept. 10, 2024**

**Cost: \$385 Dbl. / \$475 Single + \$25 NonMember**

**\$75 deposit due at registration.**

**Time to be determined**

**Deadline: Friday, August 2, 2024**

**Medium Walking**

Join us for this wonderful fall adventure in the Midwest. We will enjoy a historic train ride on the Mid-continental RR, free time & lunch OYO in Baraboo, then off to the hotel/casino. You can relax at the hotel or spend time in the casino. Monday we will explore the area and then enjoy a dinner at a restaurant to be determined. Tuesday we will make our way home with some unique stops and then free time & lunch OYO in Madison. More details and a flier will be available by May 1st.



### Branson Shows, through Diamond Tours

**Monday, November 4 – Saturday, November 9, 2024**

**Cost: \$899 PP Double or \$1078 PP Single / + \$25 NonMembers**

**\$75 deposit due at registration.**

**Deadline: Friday, July 19, 2024**

**Medium Walking**

This Diamond tour trip includes the following 6 shows (always subject to change by venue): The Miracle of Christmas, Dalena Ditto's Country Evolution, Yakov Smirnoff, A Neil Diamond Tribute, The Haygoods Christmas Show, Doug Gabriel Morning Show. You will visit Historic Downtown Branson and enjoy some time at the Branson Landing. You will have 5 nights lodging, 3 nights in Branson. There will be 5 breakfast and 3 dinners included. Come enjoy the fun and music this holiday season, bring a friend.

### **Question... Are you looking to attend some new adventures at unique and exciting locations?**

Then email Diane at [dlancour@ptsc.org](mailto:dlancour@ptsc.org) to get on the EDGE list.

You can give us suggestions about other special sights or just let us know if something listed below interests you.

- Horicon Marsh (ride and narrative)
- Dog Sledding in WI
- Charterfishing in WI
- Canoeing or rafting, local rivers
- More outdoor hiking: Starved Rock, Morton Arboretum, Chicago Botanical gardens
- Discover area caves



Share with us your ideas. We are looking toward 2025 and getting you excited to join us on these fun, unique trip opportunities.





## SOCIAL SERVICES



Nancy Frenk  
Director of  
Social Services

### ***A Note from Nancy***

The Social Services team is happy to assist you with your needs such as providing information and resources, caregiver support, Medicare counseling, referrals, and benefits eligibility screening. Please note we meet by appointment only. We can help you apply for assistance programs that may help with utility expenses, grocery costs, license plate sticker discounts and more.



**PTSCC Social Services Staff**

Nancy Frenk, MA – Director of Social Services  
Diane McFadden, MSW, LSW - ADS Coordinator  
Adrianna Daniel—Social Services Rep Latino Liaison  
Sasha Baru—Eastern European Liaison  
Peg Schuetz, MA- Social Service Representative

**Call to schedule your appointment  
with any of the Social Services staff at  
847-991-1112.**

**We look forward to serving you!**

## ADULT DAY SERVICES



Diane McFadden  
ADS Coordinator

### **CARING HEARTS ADULT DAY SERVICES**

The Caring Hearts Adult Day Program, in operation since 1991, is an interactive small group for older adults with mild-to-moderate Alzheimer's disease or dementia. If you are caring for someone with dementia, your loved one may benefit. Group members maintain their independence and stay active by making new friends, socializing, and participating in a variety of fun activities.

Activities stimulate the participants mentally, physically and socially. Your loved one will be involved in structured, supervised and engaging activities, while you get a respite from your caregiving responsibilities. The program is open to residents from all communities.

Transportation is available to Palatine Township residents through the Palatine Township Transportation services.

Available Mondays, Tuesdays, & Wednesdays, 11am – 3pm. We continue to follow guidelines from the IDPH. For more information or to arrange a tour, call Nancy Frenk at 847.991.1112, x222.



### **CAREGIVER SUPPORT GROUP**

Are you feeling stressed or overwhelmed due to your role as a caregiver? Being able to talk to others who are experiencing similar challenges of caregiving can be beneficial in relieving some of the frustration and discouragement that often comes with the added responsibility of caring for a loved one.

*Facilitated by experienced staff, our monthly support group offers a safe space where caregivers can:*

- Exchange experiences & ideas for reducing caregiver stress
- Learn about helpful community resources
- Enjoy emotional support from other caregivers

*Our support group meets the 2nd Wednesday of every month 11am – 12pm.  
Call Diane McFadden for more information at 847.991.1112, x226*

### **SAMPLE OF ADULT DAY ACTIVITES:**

- Pet & Music Therapy
- This Day in History
- Brain Teasers
- Chair Exercise
- Billiards
- Arts and Crafts
- Drum Circles
- Geographical/map games
- Word Games
- Multicultural activities





## Our Social Service Department can assist with:

- Applications for senior entitlement programs
- Referrals to community agencies & service & housing providers
- SHIP (Senior Health Insurance Program)
- Services available in Spanish, Russian, Ukrainian, & Polish
- Prescription Drug Insurance Counseling
- Benefits Access applications
- Energy Assistance
- Supportive Counseling
- Adult Day Services
- Caregiver Resources & Support



### 37<sup>th</sup> Annual Paint-A-Thon

If the exterior of your home needs painting, consider applying for the 37<sup>th</sup> Annual Paint-A-Thon program. Applicants must be over the age of sixty, or with a permanent disability, or a veteran. There are income limits and other criteria, but all are encouraged to apply. There is no cost to the homeowner and volunteer groups complete all the work. Applications are due by July 1, 2024 and paint day is Saturday, September 7<sup>th</sup>. Call Nancy at 847-991-1112 for more information.



### LIHEAP (Low Income Home Energy Assistance Program)

We are accepting applications for the LIHEAP Program this fall. This program assists with gas and electric costs. LIHEAP will provide a one-time benefit to eligible households to be used for energy bills. The amount of payment is determined by income, household size, fuel type, and geographic locations. You will need to provide proof of income for all the household members, as well as your most current gas and electric bills and social security cards if you are a first-time applicant.

The program will continue thru August or until funds are depleted.

1 person household income limit \$2430.00/month    2 person household income limit \$3287.00/month

### New to Medicare? We can help.



Our Social Services staff and SHIP volunteers are knowledgeable and helpful when it comes to all of your Medicare questions. We can assist you with enrollment, supplements, Part D, Advantage Plan questions, Prescription drug assistance, Medicare Savings Programs, Medicare & Medicaid Alignment Initiative & more. This service is available to people of all ages with Medicare.

We are not affiliated with any insurance companies, we do not sell or solicit any type of insurance, and are trained by the Illinois Department on Aging. This service is offered **FREE** to people with

### Supplement Nutrition Assistance Program (SNAP)

#### **Do you qualify for assistance that pays for groceries?**



The SNAP program provides a monthly benefit that can be used to supplement your food budget.

This benefit can allow you to have more money to use towards medical, housing, or prescription costs. Our Social Services staff can assist you with the application for this program through the Department of Human Services.

For those 60 and older or who are disabled, the income guidelines are:

\$2265.00/month for a single person    \$3052.00/month for a 2 person household

### Benefits Access Program Application Assistance

This program provides a license plate sticker discount as well as a Senior Ride Free Pass for Pace and Metra to those that qualify. The annual income eligibility guidelines for this program are:

1 person household - \$33,562 / 2 person household - \$44,533

This program provides benefits for 2 years and approval can take up to 12 weeks.

Your sticker will cost only **\$10**. You will need 2022 tax returns.



**Call Social Services to set up an appointment to apply for any of the above programs. 847-991-1112**



## SOCIAL SERVICES, Latino



Adrianna Daniel  
Latino Social  
Services  
Representative

### Tercera Edad De Palatine

#### Se provee información y asistencia sobre los siguientes programas:

- Medicare
  - Medicaid
  - SNAP (estampillas de comida)
  - MSP (Programas de ahorro de Medicaid)
  - Extra Help (ayuda para medicamentos recetados)
  - BAA (descuento para placas de carro y el pase para el transporte público)
- Por favor de hacer una **cita** para obtener más información sobre los programas al (847) 991-1112 ext. 223.

¡Acompáñanos a  
nuestros Miércoles  
Latino!

¡Los invitamos **TODOS**  
los miércoles de mes a  
participar en diferentes  
actividades!

Actividades incluyen:  
Bingo  
Lotería  
Música  
Y mucho más!

¡Para más información,  
por favor comuníquese  
con Guiselle al  
(847) 991-1112 x227 o  
con Adrianna al  
(847) 991-1112 x223

### CEDA/LIHEAP

¡El programa para asistencia de la luz comienza el **1 de Octubre** y termina en Agosto del 2024.

\*Se necesita a hacer **cita** para llenar la solicitud por favor de comuníquese al (847) 991-1112 x223.

## SOCIAL SERVICES, Eastern European



Sasha Baru

Eastern  
European  
Social Services  
Representative

Информация для наших клиентов:

- Медикер, медикаид
- Фоодстамп (CHAP)
- ВАА (дисконут стикер для машины)
- МСР-дисконут Медикаид)
- Ехтра помощь - перевод
- Пожалуста звоните - (847) 991-1112 ext. 225



### **Do you or someone you know have experience working with jewelry?**

Real or fake? Expensive or cheap?

We're looking for someone who would be willing to  
come in 1 time a month for an hour (or I could go  
to them!) to look at some things we would like  
more information about.

Please contact Kate kjohnson@ptsc.org





# THANK YOU TO OUR CORPORATE MEMBERS

## PLATINUM



800 W Central Rd  
Arlington Heights  
60005  
847-618-1000  
www.nch.org

## GOLD



**ADDOLORATA  
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847-808-4421  
www.franciscanministries.org

## SILVER



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Providing Superior Home Care

800 E NW Hwy, Suite 609, Palatine  
847-877-4949  
www.ahomecareservice.com



**ARDEN COURTS**  
PROMEDICA MEMORY CARE

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847-534-8815  
www.arden-courts.org/ElkGrove

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*Place*  
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847-438-6100  
www.pathwaysl.com

**MICHAEL A. BABIARZ**  
ATTORNEY AT LAW

1000 W. Lake St, Addison  
847-525-9130  
www.babiarzlaw.com



134 W Slade St, Suite 1, Palatine  
847-358-8600  
www.brandtfinancial.com



1515 N Barrington Rd, Hoff. Ests.  
847-490-5000  
www.emeritus.com

**CHURCH CREEK**  
FIVE STAR SENIOR LIVING™

1250W Central Rd, Arlington Hts.  
847-506-3200  
www.fivestarseniorliving.com



1627 Colonial Parkway, Palatine  
847-221-5300  
www.palatine-461.comfortkeepers.com



**DIMENSIONS LIVING**  
Prospect Heights

700 E. Euclid Ave., Prospect Hts  
847-797-2700  
www.dimensionsliving.com

**Edward Jones**

Brian S Terwilliger  
Financial Advisor

2800 W Higgins, Ste 850, Hoff. Est.  
847-519-1327  
www.edwardjones.com

**Friendship Village**  
SCHAUMBURG

350 W Schaumburg, Rd, Schmbg  
847-839-3648  
www.friendshipvillage.org



**THE GARLANDS**  
of Barrington

1000 Garlands Ln., Barrington  
847-612-4830  
www.thegarlands.com



920 E. Northwest Hwy, Palatine  
847-530-6140  
www.grandtwinlakes.com



1101 Perimeter Dr. Suite 260, Schmbg  
224-258-0471  
www.hwcg.com/Schaumburg

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847-705-9960  
www.lavellelaw.com

**Oak St. Health**

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708-883-4975  
www.oakstreethealth.com



**THE PEARL**  
of Rolling Meadows

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847-37-2400  
www.pearlhcm.com



2801 W Algonquin Rd. Rolg Mdws  
847-670-8080  
www.plumcreekseiors.com



55 S. Greenly, Palatine  
847-991-4700  
www.solsticeseniorlivingpalatine.com



228 Florence St, Crystal Lake  
815-479-0312  
www.visitingangels.com

**PTSCC receives allocations through grant writing proposals to the following agencies:**

Age Options

Palatine Township

Palatine Park District

Village of Palatine



*Thank you*

to those of you who purchased raffle tickets for the Sox Guaranteed Rate Club Tickets  
and/or the beautiful handmade Sox quilt!

*Congratulations*

to Terry Hayden for winning the Tickets and to Leslee Schafer for wining the quilt!



## Save the Date!

Thursday, July 18th 3:30pm—6:00pm

## OPEN HOUSE!

The whole community is invited! \$10 per person

*Drinks Appetizers Raffles Games Fellowship*



## Save the Date! Mah Jongg Tournament

*Mah Jongg Lunch and Snacks Raffles Prize Winners*

Friday, August 23, 2024, 10:30 am - 3:30 pm

Palatine Township Senior Center

12 games of Mah Jongg

Registration forms available June 3rd, registration begins July 1st.



Back by Popular Demand! GIRLS' NIGHT OUT!!

Mark your calendars for Thursday, September 26th!

Raffles \* Food \* Drink \* and more  
Different look, same great concept!  
More details to come!





# Save the Date!

DINNER,  
DRINKS



*Duelling Pianos*

Dinner,  
Raffles,  
open beer &  
wine bar,  
and Duelling Piano  
team  
Peter Miletic &  
Tom Linsk!

\$90 Ticket, \$80 (4) or more,  
in person or [www.ptsc.org](http://www.ptsc.org), March 1

6:00pm- 9:00pm

Friday, April 19, 2024



Palatine Township  
Senior Citizens  
Council

Chandler's Banquets, Schaumburg



## REMINDERS

### Need a ride to PTSCC?

Contact the Palatine Township Transportation at 847-358-6907.

**Would you like to volunteer?**  
We can find a great fit for you within the center!

**Don't miss out!**  
Please provide us your email if you haven't already! Receive up-to-date information and dates!

**Full Year Memberships available!**  
Purchase now and take advantage of all the member benefits!

**Wish List:**  
-Large Baskets and Wired Ribbon  
-Flatbed Hand cart  
-Power Tools (contact Russ)  
-36" x 42" flat screen TV with an HDMI outlet

## GIFT SHOP

**Come check out our new jewelry displays! They show all the beautiful donated jewelry so well!!**

**We are accepting donations of new and gently used items!**

- ♦ Household décor such as frames, small dishes, glassware
- ♦ Women's accessories such as purses, wallets, jewelry
- ♦ Seasonal items

**If we're not open when you're here, please come find Kate or Diane to open the gift shop for you, we'd love for you to check out all the great treasures!**

**We are looking for a volunteer to open the gift shop 1/2 hour before Bingo on Thursdays, 11:30am - 12:30pm. Please let Kate or Diane know. Thank you!**



## DID YOU KNOW?



**Did you know you can borrow books and puzzles from our library in the lower level?**

It's on the honor system, so simply borrow something of interest to you and bring it back when you're done! If you have any books or puzzles of your own to share, please bring them in.

And while you're here, take a minute to work on the community puzzle we have going at any time!





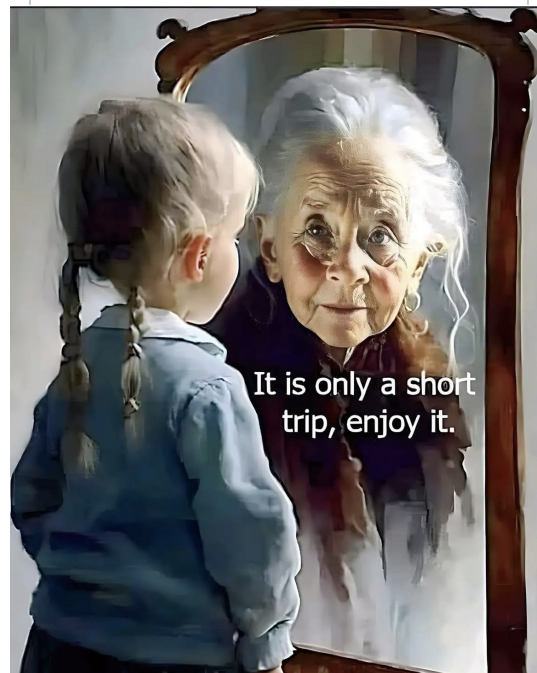
## PTSCC STAFF

**Diane Lancour** - Executive Director x235  
**Amy Hoffman** - Business Manager x244  
**Kate Johnson** - Development Associate x234  
**Nancy Klintworth** - Administrative Assistant x221  
**Nancy Frenk** - Director of Social Services x222  
**Peg Schuetz** - Social Service Representative x230  
**Diane McFadden** - Adult Day Coordinator x226  
**Sasha Baru** - Eastern-European Liaison x225  
**Adrianna Daniel** - Latino Liaison x223  
**Guiselle Vega** - Café Site Mgr & Program Asst. X227  
**Muriel Freitas** - Food Service Aide x241  
**Karen Halla** - Food Service Aide & Prgm Asst. X241  
**Russ Freitas** - Facility Coordinator x243  
**Lionel Bilezikian** - Facility Assistant x243  
**Barb Vitner** - Trip Coordinator x233  
**Lauren Milani** - Event & Programming Asst. x233



Our Nostalgic Memories

4d · 🌐



## Words of Wisdom!

## PTSCC BOARD OF DIRECTORS &

**Donelda Danz** - Board Chair, Palatine Park District  
**Larry Sophian** - Treasurer, Retired Accountant  
**Leslee Schafer** - Vice Chair, Harbor House Memory Care  
**Jean Hodal** - Secretary, Community Volunteer  
**Frank De Rosa** - Community Volunteer  
**Skip Gaare** - Community Volunteer  
**Ann Gould** - Community Volunteer  
**Bob Haas** - Inverness Police Department  
**Mandy Klezek** - Community Volunteer  
**Jackie Luthringshausen** - Lavelle Law, Ltd.  
**Gail Niksic** - Elderwerks Education Services  
**Colleen Palmer** - Park District District  
**Marla Shapiro-Gillen** - BMO Bank and Trust  
**Bob Szyszka** - Community Volunteer  
**Gayle Young** - Northwest Community Healthcare, North Shore

Members are encouraged to mail, email, or drop off any comments or suggestions for the Board prior to the meeting:

**Tuesday, April 23 12:00pm In Person  
 At the Annual Meeting**

**Tuesday, May 21 5:15pm Zoom**

**Tuesday, June 25 5:15pm Zoom**

**Tuesday, July 30 5:15pm Zoom**

*Board Meetings are subject to change.*

*Please call the Main Office at 847-991-1112 to confirm days & times and receive the Zoom link.*





**Palatine Township  
Senior Citizens  
Council**

**505 S Quentin Rd.  
Palatine, IL 60067**

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847-991-1112

CURRENT RESIDENT



www.ptsc.org

TO:



info@ptsc.org



@palatinetwpsrctr

Accredited by   
National Institute of  
Senior Centers

If the weather is questionable, please  
call the Main Office to be sure your  
activity and/or the center is still open  
and operational.

Thank you!

**We will be closed:**

Monday, May 27  
Thursday, July 4  
Friday July 5

## VOLUNTEERS NEEDED!



**We are currently seeking  
several volunteers for  
different positions.  
Thank you for your  
consideration!**

**Contact Lauren for  
more details:  
847-991-1112 x233**

**HOME DELIVERED MEALS DRIVERS—Deliver nutritious hot mid-day meals to  
the homebound older adults; 1-3 mornings a week approximately 2 hours**

**OFFICE—Answer phones, light clerical duties; 1 morning a week, 3-4 hour shift**

**GIFT SHOP—Volunteer in our gift shop: 1 morning a week, 1 hour shift**

**BOARD OF DIRECTORS—Provide needed expertise to govern PTSCC and  
assist with fundraising: 1 monthly meeting, approximately 2 hours a month**

**LEAD VOLUNTEERS FOR ACTIVITIES—Lead regularly scheduled activities.**